

If you or someone you love is living with **CANCER** and experiencing any of these symptoms, talk to your doctor!



WEIGHT LOSS



LOSS OF APPETITE



DEPRESSION



FRAILITY



FATIGUE & WEAKNESS

You may be showing signs of
CANCER CACHEXIA,
a serious but often overlooked condition!



Cachexia, marked by **muscle mass loss**, affects up to **80%** of patients with cancer

Cachexia reduces **well-being** and the ability to carry out **everyday activities**



Cachexia can make chemotherapy **side effects** more severe, reducing treatment tolerance and efficacy

Early diagnosis of cachexia can improve **quality of life**



Referral for personalized **counseling** and **nutritional support** may be beneficial

Gentle physical activity helps better **tolerate treatments** and likely improves cachexia



Awareness can save lives! Knowing the signs of cachexia can lead to earlier care and better outcomes



September 26, 2025 is the
1st CANCER CACHEXIA AWARENESS DAY!



*This flyer is for informational purposes only and does **not** constitute medical advice.
Please consult your healthcare provider for diagnosis, treatment, and personalized medical guidance.
For additional information, visit www.cancercachexiasociety.org*