

If you or someone you love is living with **CANCER** and experiencing any of these symptoms, talk to your doctor!



**WEIGHT
LOSS**



**LOSS OF
APPETITE**



DEPRESSION



FRAILITY



**FATIGUE &
WEAKNESS**

You may be showing signs of

CANCER CACHEXIA,

a serious but often overlooked condition!



Cachexia, marked by **muscle mass loss**, affects up to **80%** of patients with cancer

Did you know... ???

Cachexia reduces **well-being** and the ability to carry out **everyday activities**



Cachexia can make chemotherapy **side effects** more severe, reducing treatment tolerance and efficacy

Early diagnosis of cachexia can improve **quality of life**



Referral for personalized **counseling** and **nutritional support** may be beneficial

Gentle physical activity helps better **tolerate treatments** and likely improves cachexia



Awareness can save lives! Knowing the signs of cachexia can lead to earlier care and better outcomes



September 25, 2026 is the
**2nd CANCER CACHEXIA
AWARENESS DAY!**



*This flyer is for informational purposes only and does **not** constitute medical advice.
Please consult your healthcare provider for diagnosis, treatment, and personalized medical guidance.
For additional information, visit www.cancercachexiasociety.org*